

NIGHTLINE

WE ARE AN ANONYMOUS PEER LISTENING HOTLINE RUN BY TRAINED STUDENTS TO SUPPORT OTHER STUDENTS. YOU WILL NEVER KNOW WHO YOU SPOKE TO; WE WILL NEVER KNOW WHO YOU ARE. WE ARE EMPATHETIC AND NONJUDGEMENTAL -- WE WILL TALK TO YOU ABOUT WHATEVER IS ON YOUR MIND.

NO WAIT TIME!

WE ARE ALL STUDENTS, NOT RUN BY THE UNIVERSITY!

NO PROBLEM IS TOO BIG OR TOO SMALL.

• WE ARE TRAINED BY SENIOR LISTENERS AND MENTAL HEALTH PROFESSIONALS
• WE ARE TRAINED TO PROVIDE INFO AND RESOURCES BOTH ON AND OFF CAMPUS.

WANT TO LEARN MORE ABOUT TRAINING?

• email : nightlinedirectors@gmail.com

Check <http://blogs.cuit.columbia.edu/nightline/> for our hours!