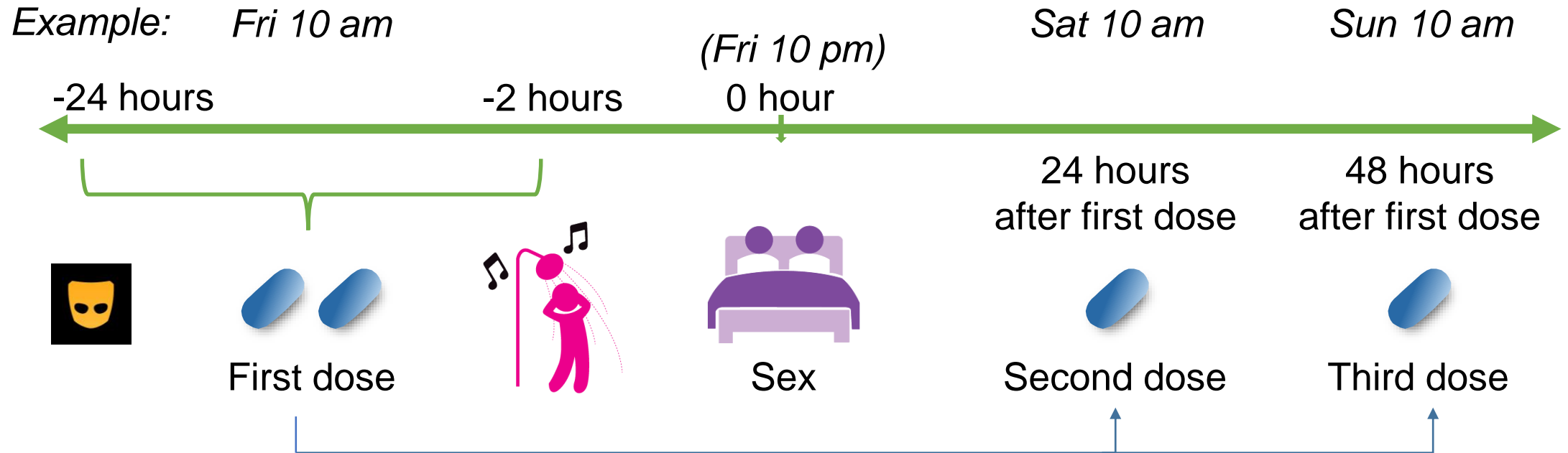


PrEP “On Demand”



Your dates:

Your times:

How to take PrEP “On Demand”

Here is how you can follow the 2-1-1 dosing schedule of PrEP.

- PrEP “on demand” is only approved for people who have anal sex.
- As a first dose, take two tablets 2-24 hours (ideally 24 hours) before sex.
- As a second dose, take 1 tablet 24 hours after the first dose.
- As a third dose, take 1 tablet 48 hours after the first dose.
- If you have sex 24 hours later than planned, take an additional tablet 72 hours after the first dose.
- If you have sex multiple times, keep on taking additional tablets until you have taken two tablets in the 48 hours (once every 24 hours) after your last sexual encounter.
- If you have sex more than twice a week, take daily PrEP instead.
- You still need HIV testing every 3 months.