

(Pre-Exposure
Prophylaxis)

PrEP vs. PEP

(Post-Exposure
Prophylaxis)

PrEP and PEP are medications that keep you safe from HIV.

Take **PrEP** every day, **before** possible HIV exposure and continue as long as you might be exposed to HIV.

HOW
is it taken?

Take **PEP** in an emergency. Start **ASAP** within 72 hours **after** an HIV exposure and take daily for 28 days.

Speak to your provider about **PrEP** or call the NYP Sexual Health Warm-line at (917) 580-1682 Mon-Fri 9am-5pm

WHERE
can I get it?

Talk to your provider **immediately** or call the NYC **PEP** Hotline at (844) 373-7692.

WHO
should take it?

PrEP is for people who **do not have HIV** but may be exposed in the future (like people who are having sex with more than one person, or who have had a sexually transmitted infection like chlamydia).

PEP is for people who **do not have HIV** but may have been exposed in the last 72 hours (for example, because of sexual assault or sex without a condom).

REMEMBER: PrEP and PEP only protect you from HIV! Condoms offer additional protection against other sexually transmitted infections (STIs).