

# Stephanie Labadorf

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300 Mercer Street Apt #14C  
New York, NY 10003

## EDUCATION

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**Columbia University School of Social Work, New York, NY** May 2014

*Master of Science in Social Work*

Concentration: Advanced Clinical Social Work Practice, GPA: 3.8

**University of Michigan, Ann Arbor, MI** April 2012

*Bachelor of Arts in Psychology*

**The Anglo American University, Prague, CZE** February 2012 - June 2012

*Visiting Student, Study Abroad*

**Licensure:** Licensed Master Social Worker (LMSW) July 2014

## CHILD & ADOLESCENT SOCIAL WORK EXPERIENCE

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**Achievement First Bushwick Middle School, Brooklyn, NY** July 2015 – Present

*Social Worker*

- Provide individual, group, and push-in counseling services for students who are at-risk and/or mandated to receive counseling
- Conduct psychosocial and safety assessments to determine students' in-school counseling and related services needs
- Present psychoeducation to students and families on important biological, psychological, and social topics to broaden students' self-awareness and understanding of challenges faced
- Develop relationships with community resources and providers to leverage on behalf of students, families, and the school

**Achievement First Linden Elementary School, Brooklyn, NY** July 2014 – July 2015

*Founding Social Worker*

- Facilitated individual, group, and family psychotherapy for twenty five students ages 5-7 years old
- Partnered with parents, teachers, and school leadership to remove barriers to learning and address issues affecting the well-being of students, both in and out of the school environment
- Maintained case files, session notes, and treatment plans to track student progress and to determine patterns in behavior

*Founding Special Services Coordinator*

July 2014 – July 2015

- Evaluated situations, identified appropriate actions, and developed recommendations to best accommodate the needs of students with an Individualized Education Plan (IEP)
- Maintained strong professional relationships with the Committee of Special Education (CSE) and served as school administrator during IEP related meetings by providing qualitative and quantitative performance data, and coordinating meeting participants
- Managed all aspects of the special education and 504 processes and related services to achieve outcomes in relation to IEP goals and program objectives, ensuring compliance with legal, financial, and district requirements

**Mount Sinai Health Systems Child & Family Institute, New York, NY** September 2013 – May 2014

*Dialectical Behavior Therapy Intern*

- Provided individual, group, and family psychotherapy as well as case management for eight individual patients
- Facilitated psychoeducational and skills training group for parents, teaching coping, social, and problem-solving skills
- Prepared Office of Mental Health documentation and maintained client files by creating treatment plans, authorizing insurance, and writing session notes

**Academy of Urban Planning, Brooklyn, NY** January 2013 - May 2013

*Social Work Intern*

- Counseled ten clients ages 14-20 years old, addressing issues such as substance abuse, suicide ideation, and eating disorders
- Assessed adolescents suffering from emotion regulation-based disorders by evaluating their intra-psychic dynamics, systemic influences, and strengths and weaknesses
- Facilitated educational workshops by organizing Department of Health and Love Heals campaigns as well as group discussions regarding sexual and emotional health

**Leadership & Public Service High School, New York, NY** September 2012 - January 2013

*Social Work Intern*

- Leveraged critical thinking skills and various treatment modalities to engage a diverse population of adolescents
- Educated and provided directives to clients who exhibited at-risk behavior; developed and applied individual intervention plans
- Created and led a weekly in-school program for adolescent girls, which addressed sexual and emotional health by facilitating group discussion and meaningful activities

**Forestdale Inc., Queens, NY**

May 2011 - August 2011

*Social Work Intern*

- Conducted intake interviews for incoming foster children and parents to gain a better understanding of their developmental, emotional, and physical needs
- Administered risk assessment questionnaires to evaluate youth's involvement in sexual and drug related activities
- Taught weekly health literacy and sexual education workshops to encourage children to spread awareness about the dangers of engaging in unsafe sex and psychologically damaging behaviors

**New Settlement Housing Fund, Bronx, NY**

May 2010 - August 2010

*Assistant Facilitator*

- Gained a thorough understanding of the Girls Inc. Friendly Peersuasion, Taking Care of Business, and Will Power/ Won't Power curricula to educate young girls from urban communities about health, sexuality, and substance abuse
- Created, organized, and conducted group activities to foster a better understanding of the material, as well as get to know the youth on a more personal level
- Trained youth to facilitate workshops for middle school aged students by conceptualizing the activities, delegating tasks, and providing mentoring; directed these workshops in the Bronx, Brooklyn, and Harlem

## **VOLUNTEER EXPERIENCE**

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**Washtenaw County Jail, Washtenaw, MI**

September 2011 - December 2011

*Group Leader, Project Outreach*

- Developed skills related to teaching, discussion facilitation, program planning, and group development in the areas of community service and the juvenile criminal justice systems
- Created weekly lesson plans and led weekly discussions in order to promote group reflections on readings and lectures
- Organized and supervised weekly site visits to Washtenaw County Jail; debriefed weekly site meetings by evaluating and reflecting on programming, students, and participants feelings/reactions
- Problem-solved troubling situations, making sure the group dynamic was functioning well, highlighting inspirational moments

**W.J. Maxey Boys Training School, Whitmore Lake, MI**

September 2009 - December 2009

*Peer Educator, Project Outreach*

- Built and maintained a relationship with male juveniles ages 12-20 in order to conduct meaningful workshops
- Planned and created a creative workshop for juveniles to enhance self-esteem and encourage positive behavior to reduce recidivism rate
- Organized and directed workshop which included poetry writing, drawing, and other therapeutic activities that promoted self-expression

## **RESEARCH EXPERIENCE**

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**Forestdale Inc., Queens, NY**

May 2011 - August 2011

*AWOL Documentation*

- Determined demographic patterns in age, sex, ethnicity, and adoption plans as causative factors for children who AWOL
- Gathered qualitative data on AWOL documentation to assess which areas of reporting needed improvement
- Developed a thorough understanding of graphs, data comparison, and organization of raw data

## **ADDITIONAL TRAINING**

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**Clinical Externship in Family Therapy:** Ackerman Institute for the Family

September 2017-Present

**The Dual Program:** Ackerman Institute for the Family

- Foundations in Family therapy September 2016 – May 2017
- Live Clinical Supervision September 2016-May 2017

**Crisis Intervention Training Program:** NYC Charter School Center

February 2015

**Dialectical Behavior Therapy Intensive Training:** Columbia University School of Social Work

August 2013, January 2014

**Online Training:** Behavioral Tech Research, Inc.

- Foundations of Exposure Therapies September 2013 - November 2013
- Core Mindfulness April 2013 - August 2013
- Distress Tolerance April 2013 - August 2013
- Emotion Regulation April 2013 - August 2013
- Interpersonal Effectiveness April 2013 - August 2013
- Skills Training April 2013 - August 2013
- Chain Analysis April 2013 - August 2013
- Validation Strategies April 2013 - August 2013