

Eda Inan

Therapist

Licensed Clinical
Social Worker,
M.A.

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Over the past twelve years, I have accumulated extensive experience in research, community and crisis settings that have furthered my passion for wellness, social justice, and bridging gaps in services. I have played different roles; recruiter, researcher, educator, coordinator, clinician, and found that my desire to help others has only been strengthened. As a world citizen, I hope to continue working with diverse populations; and have had the privilege of working with children, adolescents, adults, the elderly, survivors of trauma, those living with HIV/AIDS, substance abusers, the LGBTQ community, migrants, the homeless and individuals living with mental illness.

Skills

- Crisis intervention; expertise in conflict de-escalation and effective resolution
- Presentation skills; promoted to be hospital-wide psycho-educator
- Expertise in Evidence-Based Therapies; Motivational Interviewing, Cognitive Behavior Therapy, Dialectical Behavior Therapy, DBT-PTSD Prolonged Exposure Protocol, Harm Reduction, Supportive Psychotherapy, Group Work
- Intensively Trained Dialectical Behavior Therapy Specialist; 6 years leading Emotion Regulation, Mindfulness, Distress Tolerance and Interpersonal Effectiveness groups
- Supervising; training new hires and interns
- Native English & Turkish, Beginner Spanish

Education

Columbia University, Masters of Social Work

2010-2012, New York, New York. *Magna Cum Laude*

Hunter College, City University of New York, Bachelor's of Art - Psychology

2004-2006, New York, NY - APA Student Member. *Cum Laude Honors*.

Fashion Institute of Technology, Associates of Arts - Display & Exhibit Design

2002-2004, New York, NY - Founder of the Display & Exhibit Club

Experience

Psychiatric Social Worker - New York Presbyterian Hospital-Payne Whitney

October 2017-Present, New York, NY, Ranked #1 Hospital in NY

- Provide psychiatric assessment, triage, therapeutic counseling, care coordination and discharge planning to patients in the psychiatric ER, inpatient psychiatric unit
- Clinician making mobile crisis home visits to patients with comorbid diagnoses

Advanced Clinician - New York Presbyterian Hospital

January 2015-September 2016, Westchester, New York Ranked #1 Hospital in NY

- Promoted to be one of five clinicians hospital wide to enhance clinical services and initiate special clinical projects; created a national Dialectical Behavior Therapy outpatient provider database for hospital staff and patients/families.
- Liaison for colleagues to discuss difficult DBT cases and discharge planning.
- Created educational in-services for social work staff and interns, as well as unit staff, patients, and families on DBT, presenting to upwards of 50 individuals.

Treatment Care Coordinator/July 2012-Sep 2016, Self Injurious Behaviours Unit

- Responsible for care coordination as part of a multi-disciplinary team on an acute inpatient unit (average stay 7-10 days) specializing in serious and persistent mental illness and personality disorders (caseload 7 patients). Provided individual therapy, lead DBT skills groups, facilitated family meetings, developed and provided psychoeducational materials, created treatment & discharge plans.
- Expertise in the assessment, triage & treatment of suicidal & parasuicidal behaviors.
- Incorporated patient satisfaction data to enhance services & reached quarterly targets of reducing length of stay, while maintaining satisfaction scores > 94%

Social Worker (Per Diem) - Payne Whitney-Mobile Crisis Team

Aug-2015-September 2016, New York, New York

- Clinician on 2 member in-home response team for psychiatric emergencies;

provided psychiatric assessment, triage, counseling, escort to ER, link to care.

Dialectical Behavior Therapist (Intern) - Creedmoor Psychiatric Center

September 2011-May 2012, Office of Mental Health, Queens Village, New York

- Provided individual DBT therapy, suicide risk assessment, case management, milieu skills coaching and led 5 DBT skills groups/week with patients on a long-term State-funded inpatient unit with serious/persistent mental illness
- Adapted DBT curriculum for patients with learning & intellectual disabilities

Harm Reduction Counselor (Intern) - FROST'D/Harlem United

September 2010-September 2011, Harlem, New York

- Counseled HIV+ clients with mental illness & comorbid substance abuse; using motivational interviewing and supportive psychotherapy, facilitated groups
- Created and utilized curriculum for a weekly HIV harm reduction support group
- Strengthened community relations, linked hard-to-reach individuals to HIV testing, syringe exchange & health services on community outreach/mobile van

Research Associate - Beth Israel Medical Center

January 2006-June 2008, Department of Psychiatry, New York, NY

- Trained as an interventionist utilizing a manualized MI-CBT blended technique to improve adherence outcomes and motivation for patients with schizophrenia
- Recruitment coordinator & survey programmer on industry-funded project
- Presented at Grand Rounds & national conferences (poster sessions), 2nd author on published paper on research competency, assisted writing teams

Research Experience

Research Recruiter/Associate - Mount Sinai Adolescent Health Center

January-July 2010; Mt. Sinai School of Medicine, New York, New York

- Supervised recruitment at three NYC foster care agencies; built relationships with families, strengthened agency liaisons for longitudinal research
- Conducted structured assessments, home visits and observations with children; created data entry system for the protocol and quality assurance measures

Research Associate/ Health Educator - Center for HIV/AIDS Educational Studies and Training: December 2005-July 2009, City University of New York, NY

- Served the LGBTQ community & HIV+ substance users thru psychoeducation, structured interviews, assessments and community outreach.
- Supervised & trained interns. Introduced quality assurance measures for data.
- Participated in writing teams, grant preparations & co-authored presentations
- Selected to be a coder to ensure research interventions adhered to MI protocol

Volunteer Experience

Psychosocial Activities Leader - War Child, Netherlands (April-Sept 2017)

- Facilitated psychosocial activities for children ages 6-11yo in a refugee center

Psychosocial Support "Buddy" - De Regenboog Groep, Netherlands (Jan-Sept 2017)

- Provided counseling & home visits to clients with dual diagnoses

Sexual Assault & Domestic Violence Advocate - Beth Israel Medical Center (Jan 07-Sept 10)

- Completed 40+ hours of training; worked "on call" 3/month offering crisis/trauma counseling, advocacy and referrals in a NYC emergency room

English Teacher - Educational Volunteers of Turkey, Istanbul (June 2000-2005)

- Taught English, organized field trips for children 6-18 in an after-school program

Computer Skills

Proficient in PC & Mac. Microsoft Office. Transcription. Endnote. Adobe Photoshop & Illustrator. A-CASI Programming & Data Management. N-VIVO. Medical Record Entry.