

DAVID RICH

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EDUCATION:

Columbia University School Of Social Work - New York, NY, *Masters of Science (2014-2016)*
Dialectical Behavioral Therapy (DBT) Training Program and Lab

Colgate University - Hamilton, NY (1998-2002)
BA: English Literature

TRAINING:

Dialectical Behavioral Therapy (DBT): 2-Week Intensive Training, Behavioral Tech (NY) (August 2015/January 2016)
Compassion-Focused Therapy (CFT): Weekly Consultation Group (2016-Present)
ACT Therapy (ACT): Part 1 and Part 2 Weekend Trainings (Fall 2017)
PMT Parent Online Training (August 2016)

RELEVANT WORK EXPERIENCE:

Columbia University School Of Social Work – New York, NY, *Lecturer and Teaching Assistant (Fall 2017)*

- Lecturer & Teaching Assistant for HBSE-A Course *Human Behavior and The Social Environment*
- Prepared for classes, lectured 3 class sections specifically Adolescence and Aging sections, graded papers, and helped students with assignments throughout semester.

Brooklyn Heights Behavioral Associates (BHBA), *Therapist*, Brooklyn, NY (Sept 2015 - Present)

- Provide Dialectical Behavioral Therapy (DBT) for adolescents and adults at Brooklyn, NY private practice
- Conduct individual DBT therapy sessions with adolescents and adults, and also co-facilitate weekly adult and multi-family DBT skills groups
- Teach specific DBT skills techniques to patients and parents including mindfulness, distress tolerance, emotion regulation, and interpersonal effectiveness
- Part of the BHBA DBT consultation team, and participate in weekly team and supervision meetings with fellow therapists to insure strict adherence to a DBT therapeutic framework

Metro NY DBT, *Therapist*, New York, NY (Sept. 2016 – Present)

- Provide Dialectical Behavioral Therapy (DBT) for young adults, adults, and families at Manhattan Private Practice
- Attend regular DBT trainings to refine and acquire new DBT-adherent skills and interventions.

Police Athletic League, *Intern*, New York, NY (Sept 2014 - July 2015)

- Held position of social work intern for nationally-recognized After School Program at Harlem, NY flagship location
- Offered supportive and play therapy for children ages 8-12 years
- Developed behavioral plans, and interfaced with PAL students and group leaders, as well as with students and parents/school administrators, to provide the best therapy and support for PAL kids

Sheppard Pratt Health System, *Mental Health Worker*, Baltimore, MD (July 2013 - July 2014)

- Worked as Mental Health Worker on inpatient Adolescent Male Crisis Stabilization Unit
- Served as lead for evening program, and oversaw general unit activities to maintain a safe and proper unit function
- Provided group therapy and individual therapy for up to 20 adolescent patients in 7-10 day crisis-stabilization program
- Incorporated DBT therapy practices into group, specifically distress tolerance and emotional regulation skill-building
- Supported staff including doctors, nurses, and social workers in providing optimal care to patients
- Trained new employees and volunteer staff on unit protocol

PROFESSIONAL EXPERIENCE:

SYSCO Food Services, LLC, *Sales/Marketing Associate*, Washington, DC (Jan 2011 - May 2013)

- Provided sales and marketing services for Fortune 100 Company in DC Metro Area

- Managed over \$1.5 million in annual food sales to over 40 independent restaurants, schools and camps
- Conducted business development, opening new Sysco accounts and growing sales 10% year over year
- Oversaw finances of Sysco customers and maintained organized and efficient Sysco/client business practices

Eckhardt Consulting, Licensing Coordinator, San Francisco, CA (Nov 2009 - Sept 2010)

- Administered music contracts for video games including DJ Hero Mobile & Rock Band Network
- Provided creative music supervision and licensing assistance for new video game media, including iPhone applications and next generation video game consoles

Secret Road Music Services, Executive Assistant, Los Angeles, CA (Nov 2008 - Nov 2009)

- Assisted in operation of independent music artist management company
- Worked as assistant music supervisor for award winning TV Show “HOUSE” on Fox
- Managed daily office activities of various departments, and supported in general client management
- Handled all call/email communication and scheduling for company CEO

Creative License, Inc., Music and Talent Associate, New York, NY (Aug 2007 - Sept 2008)

- Performed music sales for TV commercials at music and talent consulting agency
- Negotiated TV commercial advertising deals for clients including Budweiser, Ford, and Frito Lay
- Applied consistent problem-solving and multi-tasking skills when coordinating with agencies, brands, labels, publishers and managers during music licensing process

EMI Music Resources, EMI Music Publishing, Creative Manager, New York, NY (July 2004 - Nov 2006)

- Worked in music sales and marketing at worldwide music publishing and record company
- Oversaw music licensing for video games including Guitar Hero and Guitar Hero 2
- Headed all music contracts for Spike TV programming
- Acquired strong knowledge of music copyright language and proper licensing procedures

ACTIVITIES:

Camp Deerwood, Counselor, Holderness, NH (June - Aug 1996-2002, 2007)

- Held senior leadership position at camp of 130 kids
- Supervised camp drama program, including writing and directing camp musicals
- Gave important motivational speeches and mentored children of all age groups

SKILLS:

- Drummer with 20 years performance experience in rock, blues, and classical genres
- Skilled writer with journalism and creative writing experience