

Charlotte M. Jones, ASW

101 Audubon Ave, Apt. #31, New York, NY, 10032 | (510) 610-9236 | cmj2171@columbia.edu

EDUCATION:

Columbia School of Social Work, New York, NY

Masters of Science in Social Work (Dialectical Behavior Therapy Program) May 2017

Advanced Clinical Social Work Practice (ACP)

Relevant Coursework: Adult Psychopathology; SW Practice in Alcoholism & Chemical Dependency; Behavioral Health in Corrections; Social Work Research; Psychoeducation; Clinical Case Evaluation

Clark Atlanta University, Atlanta, GA

Bachelor of Arts in Psychology, May 2014

Relevant Coursework: Abnormal Psychology; Social Psychology; Intro to Psychological Testing

INTENSIVE GRADUATE TRAINING PROGRAM:

Dialectical Behavior Therapy Training Program, Columbia University, Director Professor Andre Ivanoff

A 12-month program which incorporates a focused academic curriculum and DBT- based field placement. The curriculum includes skills training (mindfulness, interpersonal effectiveness, emotion regulation, distress tolerance), suicide assessment and management, chain analyses, validation, and commitment strategies.

The Linehan Institute BEHAVIORALTECH, New York, NY

Dialectical Behavioral Therapy Intensive Training, Part I and II: 65 hours, completed January 13, 2017

The Linehan Institute BEHAVIORALTECH, Computer Based Training

Foundations of Exposure Therapies, completed November 5, 2016

Skills Training; Validation; Chain Analysis, completed August 21, 2016

SOCIAL WORK EXPERIENCE:

Kaiser Permanente East Bay Child & Family Psychiatry, Oakland, CA

Associate Social Work Trainee, September 2017 - Current

- Co-lead weekly groups; Teen Anxiety Group using a Cognitive Behavioral Therapy based curriculum, First Response to Trauma Group providing psychoeducation and support for families, Middle School Intensive Out Patient Coping Skills group, and a Drama Therapy Group
- Conduct individual sessions, mental health intake and psychosocial evaluations, comprehensive treatment plans, ADHD screenings, and facilitating discharge plans
- Developed a 6-week Psychoeducation curriculum concerning trauma and Post-Traumatic Stress Disorder for adolescent between the 9th-12th grade

Correctional Health Services, Rikers Island Correctional Facility (RNDC), New York, NY

Dialectical Behavior Therapy Intern (600+ hours completed) September 2016 - April 2017

- Conduct Dialectical Behavior Therapy groups three times per week with 16 and 17-year-old males on the Mental Observation (MO) units, to help patients reduce suicidal behaviors and to increase their motivation and skills repertoire
- Conduct individual sessions, mental health intake and psychosocial evaluations, comprehensive treatment plans, participate in consultation teams, and assist in facilitating appropriate discharge plans for incarcerated males
- Co-developed a Psychoeducation curriculum concerning trauma, Post-Traumatic Stress Disorder, and oppression for adolescent patients on MO units

Columbia University School of Social Work, New York, NY

Academic Assistant for Dr. Kirk James, January 2016 - present

- Engage in bi-monthly meetings with Dr. James to discuss social activism and its incorporation into social work curriculums
- Attend social work events concerning mass incarceration and healing interventions
- Coordinate ongoing workshops on systems of oppression and trauma
- Collaborated with professor, Dr. Kirk James, to develop and coordinate two panel discussions for the Center for Justice, Columbia University, Beyond the Bars Conference: Mass Incarceration, Trauma, & Healing Strategies and Revisiting the 1996 Laws Immigration Laws: The Birth of Mass Deportation

The Children's Aid Society, P.S. 152 Dyckman Valley School, New York, NY
Social Work Intern (600 hours completed), September 2015 - May 2016

- Facilitated four social skills groups per week for children between K-2nd grade to improve classroom behaviors, feelings identification, and interpersonal effectiveness and co-facilitated a six-week social skills group to help girls develop healthy attitudes and lifestyles, and enhance positive decision making
- Aided in organizing parent and teacher workshops, after school program review presentations, and biannual whole classroom reviews
- Co-facilitated the after school Balance Center, and provided crisis de-escalation and behavioral support to children between pre-k and 5th grade

Youth Villages

Girls Center for Intensive Residential Treatment, Memphis, TN

YV 360 Career Development Program Teacher Counselor, July 2014 - May 2015

A 10-month program comprised of specialized training in leadership, clinical skills, and professional development, paired with a full time position working as a Teacher Counselor at Youth Villages Intensive Residential Treatment Facility.

- Collaborated with peers in the development and presentation of trauma research for program enhancement
- Therapeutically supported clients in a residential secured facility by providing Trauma Informed Care to approximately 18 girls between the ages of 14 and 18, suffering from emotional and behavioral problems complicated by chronic mental and physical diagnoses
- Assisted Supervisors as Lead Teacher Counselor by maintaining and assessing the implementation of the daily treatment schedules and filled in for the Supervisor in her absence
- Collaborated with consultation teams to design and implement each youth's development plan
- Tracked, observed, and assessed clients placed on special precaution for suicidal, self harm, or homicidal behaviors or ideations, and implemented Crisis Prevention Intervention
- Led process and social skills groups twice a week for clients and co-facilitated Trauma Informed- Cognitive Behavior Therapy and Recreational Therapy groups

Inner Harbour, Douglasville, GA

Behavioral Youth Counselor Intern (160 hours completed), January 2014 - April 2014

- Therapeutically supported clients in a residential secured facility by providing Trauma Informed Care to approximately 12 girls between the ages of 15 and 21 suffering from emotional and behavioral problems complicated by chronic mental and physical diagnoses
- Supported therapist and co-facilitator in conducting Dialectical Behavior Therapy, Animal Assisted Therapy, Therapeutic Drumming, and Recreational Therapy groups, and assisted lead staff in conducting process and social skills groups once a week

Cool Girls Inc., Atlanta, GA

Student Intern (60+ hours completed), September 2013 - November 2013

- Researched and compiled data on relevant and current grant opportunities and aided Supervisor in developing grant proposals
- Co-facilitated Cool Girls after school program once a week with approximately 30 at-risk girls between the 2nd and 8th grade, providing academic support and life skills groups

ADDITIONAL TRAINING:

CPI's Nonviolent Crisis Intervention Program, Memphis, TN

Crisis Prevention Intervention Certification, completed July 18, 2014

ACADEMIC ACHIEVEMENTS:

Publication: Jones, C.M. & Nonas-Barnes, L.A. (2017). Effectiveness of Skills Groups for Adolescents in Correctional Settings. *Columbia Social Work Review*.

Hero in the Making, East Oakland Youth Development Center, February 2017

Brilliant Scholar Honoree, Powerful Women of EOYDC III, October 2014