

# CARSON ROBINSON

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(425) 891-4116

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## EDUCATION & DISTINCTIONS

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### Columbia University School of Social Work

May 2015

*M.S. in Social Work, Advanced Clinical Practice*

- Dialectical Behavior Therapy (DBT) Training Program, André Ivanoff, Ph.D., Director
- Winner, capstone project competition

### Vassar College

June 2012

*B.A. with departmental honors in Psychology*

- Distinction awarded by Psychology faculty for senior project
- Psi Chi International Honor Society in Psychology

**Licensure:** LCSW in Delaware

October 2017

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## CLINICAL EXPERIENCE

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### Adult Outpatient / DBT Therapist

January 2016 – Present

*Community Hospital of Chester*

*Chester, PA*

- Providing DBT to low-income suicidal/emotionally dysregulated clients in a public agency
- Skills training (1 group/wk), individual therapy, phone coaching, and consultation team
- Providing other evidenced-based treatments (including exposure therapy) to low-income adults with wide range of mental health problems

### DBT Therapist

June 2015 – Present

*The Ebright Collaborative*

*Wilmington, DE*

- Providing DBT to suicidal/emotionally dysregulated clients in a small private agency
- Skills training (2 groups/wk), individual therapy, phone coaching, and consultation team
- Conducting intakes, managing waitlist/referrals, managing billing, and collecting outcome data

### Adult Outpatient Therapist

September – December 2015

*NHS Human Services*

*Sharon Hill, PA*

- Provided individual psychotherapy to adults
- Ran an intensive outpatient (9 hrs/wk) group for clients with co-occurring substance use and mental health problems

### DBT Intern

September 2014 – April 2015

*City of New York Department of Corrections*

*Rikers Island, NY*

- Paid internship at Rose M. Singer Center, women's jail
- Conducted individual DBT sessions, skills training sessions, and milieu coaching in the solitary confinement unit

- Worked with correctional and mental health staff to manage contingencies using level system

**Social Work Intern**

**September 2013 – June 2014**

*Frederick Douglass Academy II*

*New York, NY*

- Paid internship in public high school in Harlem
- Provided counseling for students experiencing a range of psychosocial problems including truancy, low grades, physical aggression, abuse and neglect, and chronic health problems
- Organized school-wide anti-bullying campaign; obtained \$1,000 service learning grant

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**RESEARCH EXPERIENCE**

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**Intern**

**March 2013 – August 2013**

*Seattle Children's Research Institute | Investigator: Megan Moreno, M.D.*

*Seattle, WA*

- Collected data for longitudinal study on substance use and social media
- Designed and obtained IRB approval for a study on dating apps for gay men

**Independent Researcher**

**August 2011 – May 2012**

*Vassar College | Advisor: Michele Tugade, Ph.D.*

*Poughkeepsie, NY*

- Designed and conducted experiment on the blaming of rape victims
- Obtained IRB approval, collected data, and performed statistical analyses
- Presented results at the 2012 Mid-Hudson Psychology Research Conference at SUNY Sullivan

**Research Assistant**

**June 2011 – August 2011**

*Center for the Study of Health & Risk Behavior | Investigator: Kristen Lindgren, Ph.D.*

*Seattle, WA*

- Created SPSS syntax for processing reaction time data from implicit cognition tests
- Co-authored poster presented at the 2012 Society for Personality and Social Psychology Conference in San Diego

**Research Assistant**

**May 2011 – August 2011**

*Stereotypes, Identity, & Belonging Lab | Investigator: Sapna Cheryan, Ph.D.*

*Seattle, WA*

- Ran social psychology experiments and programmed computer-mediated procedures
- Edited research manuscripts and co-wrote IRB applications
- Assisted in designing new studies