03

**25** 

19

# SOMMUNITY DAY

Columbia School of Social Work

## COMMUNITY DAY PROGRAM

9:30 AM -11:00 AM BREAKFAST & OPENING ADDRESS

9:30 AM | Lobby Check-In

9:30-10:15 AM | 3 FL Hallway Coffee & Light Breakfast

10:15-11:00 AM | Rm 311 & 312 Welcome Address by S.J. Langer via Livestream

11:05 AM

INTRODUCTION TO INNER VOICE DIALOGUE RM CO5

Talk held by:

Bridgit Dengel Gaspard, LCSW via Livestream

This lively, experiential introductory workshop introduces you to the technique which includes group exercises so you leave with a sense of it's vitality and relevance. This tool helps individuals separate from their dominant point of view and often melts black-and-white thinking, which augments your clinical effectiveness as well as with difficult conversations. This approach is internationally recognized for its capacity to generate constructive change, and by the way, it's a lot of fun! Some of what you learn today, you will be able to incorporate immediately.

11:05 AM

AGING IN PLACE WITHN
SUPPORTIVE HOUSING RM C06

Talk held by: Rebecca Heller, LCSW

The Bridge's Aging Services program addresses critical gaps in the mental health system by offering individualized care to seniors with behavioral health and physical health conditions living in supportive housing. AGES (Assessing, Guiding, and Empowering Seniors), uses enhanced engagement, assessment, and monitoring protocols to link older adults living in supportive housing with appropriate community-based services to manage their age-related health challenges and maintain community tenure, aging in place with an improved quality of life.

11:05 AM

## POLICE SOCIAL WORK: A CENTURY OF SPECIALTY PRACTICE RM 302

Talk held by:

George T. Patterson, LCSW-R, Ph.D. Associate Professor, Silberman School of Social Work, Hunter College, City University of New York

One hundred years ago August Vollmer, a reformer in American policing, coined the phrases social police work and police social work. Since that time a significant literature has emerged that describes the speciality area of police social work as well as the barriers and benefits to this area of practice. This lecture will trace the last 100 years of police social work practice and provide recommendations for future practice areas.

11:05 AM

WHAT PLACE DOES RACE AND SOCIAL JUSTICE HAVE IN PRIVATE PRACTICE? RM 304

Talk held by: Stacey Younge, LCSW

This workshop will challenge you to rethink the way you view Private Practice. More people of color are becoming open to therapy and need clinicians who have the skills to talk about race and understand challenges that are unique to communities of color.

Whether you are planning to make it a part of your career or have never even considered it, this is a discussion we as social workers need to start having. It's time to bridge the gap.

11:05 AM

ACTIVISM AND REFLEXIVITY IN RESEARCH RM 305

Talk held by: Kelsey Reeder, LMSW '15

Social Worker, Therapist, and Researcher

Burnout often happens when students are fired up in the classroom, but grappling with broken systems in the field. We will explore the gap between the work students are doing in the field and the research they are reading and writing about in class. Through the lenses of activism and reflexivity, we will discuss bringing the same level of self-awareness of social location to graduate assignments, as students are bringing to their work with clients.

11:05 AM

FOUNDATIONS OF NONVIOLENT COMMUNICATION

RM 405

Talk held by:

Nonviolent Communication

Learn how to form a consciousness based on empathy, honesty, and vulnerability through steps that allow for healthier communication. Rather than playing a game of "Who's Right?" in life as NVC founder Marshall Rosenberg stated we often do, NVC teaches us how to give naturally and express what's alive within us. Participants will have the opportunity to learn and practice the fundamentals of NVC so they may apply it in their personal and professional experiences.

#### 11:05 AM

## PUSHED TO THE BOTTOM: THE EXPERIENCE OF POVERTY IN THE USA RM 406

Talk held by:

Maryann Broxton and Guillaume Charvon, National Co-coordinators of Research at ATD Fourth World US

This participatory lecture aims to engage students in the discovery of the Merging of Knowledge. This methodology, created by ATD Fourth World, gathers the conditions so academics, practitioners and people living in poverty can think on an equal footing and produce knowledge. This methodology was most recently used in the Multidimensional Aspects of Poverty (MAP) research project. MAP brought together people with experience of poverty, academics, and practitioners as co-researchers to build a new understanding of poverty.

#### 12:05 PM

#### PRESENTING YOURSELF ONLINE AND IN-PERSON RM C05

Talk held by:

Elise Verdooner, MSSW, CSSW Alum, Executive Director of TEEEM and Matthea Marquart, MSSW, Director of Administration, Online Campus via Livestream

This workshop will review tips for how to professionalize your online presence and fine-tune your elevator pitch. You'll have the chance to discuss advice about using LinkedIn, describe your social work degree online, and how to confidently walk up to someone at a networking event.

#### 12:05 PM

## PHD 101: TIPS FOR PUTTING TOGETHER COMPETITIVE APPLICATIONS RM C06

Talk held by:

Durrell Malik Washington Sr. MSW, Staff Associate-Officer of Research Columbia University Justice Lab

This workshop facilitated by a CSSW Alumnus will give an overview of the application process of applying to Ph.D. programs in Social Work. Topics that will be covered, but not limited to is: selecting schools, recommendations, personal statements, and the GRE. The workshop will be tailored to Ph.D. programs in Social Work, but some information can be useful for applicants seeking other doctoral degrees.

12:05 PM

NARCAN TRAINING RM 301

Training held by: Harm Reduction Coalition

Naloxone (Narcan) is an inhaled spray that reverses an overdose from opioids, including heroin, morphine, oxycodone, roxycodone, Percocet, and other narcotics, a tool to save a life can empower family members.

#### 12:05 PM

## NYC HUMAN RIGHTS LAW: IMMIGRATION AND NATIONAL ORIGIN RM 302

Talk held by:

Christelle N. Onwu, MSW; Associate Human Rights Specialist & EEO Recruitment Strategist

The NYC Commission on Human Rights enforces the City's Human Rights Law and educates the public on their rights and responsibilities under the Law. This panel introduces participants to basic concepts, protections and obligations under the New York City Human Rights Law. Specific topics include prohibited discriminatory practices in employment, housing, public accommodations, as well as bias-based harassment and biased-based profiling by law enforcement. Throughout the workshop, fostering understanding and respect among the City's diverse communities is emphasized.

#### 12:05 PM

WORKING WITH CHILDREN AND FAMILIES: HOW TO MANAGE THROUGH THE DYNAMIC RM 304

Talk held by: Aurora Cruz

The workshop will look through the lens of a child and family therapist on how to engage children and their families through treatment. Participants will learn about the different modalities used in this field of practice, which may differ from others. As well as highlighting some of the key skills needed in advocacy for self and clients.

#### 12:05 PM

SOCIAL WORK IN CHINA

RM 404

Talk held by: Xin Chen

This panel aims to provide peers with an opportunity to know more about social work practice and education in China. There will be both master and doctoral students sharing work/study experience in social work.

#### 12:05 PM

DISABILITY STIGMA AND OPPRESSION WORKSHOP RM 406

Talk held by:

Dorsey Massey LMSW

In this workshop focused on the intersectionality of disability, we will explore the various classifications of disability and the stigma and oppression within. We will then brainstorm best practices on micro, mezzo, and macro levels to address the highlighted needs. This discussion-based workshop will also provide an interactive activity as we invite students to share their perspectives and views on disability.

#### 1:10 PM -2:10 PM

#### LUNCH SESSION

1:10 PM | Rm 305

Stressbusters: Art & Back/Neck Rubs

Facilitated by the Stressbusters Staff

1:10 PM | C Level Hallway, 3rd FL Hallway, and 4th FL Hallway

Lunch from Dig Inn

#### 2:15 PM

FORENSIC SOCIAL WORK AND
THE WRONGFULLY CONVICTED:
HOW ROGER GOT FRAMED
RM C05

Talk held by: Christopher James Rushton via Livestream

The forensic social worker can be a key member of a wrongful conviction legal team, involved in every aspect of the legal process: from the investigative (locating and interviewing witnesses, evaluating police reports, drafting a FOIL request and the discovery motion), to the evidentiary hearing (the 440.10 motion), through to brief and summation to set aside judgment or to order a new trial. The social worker can become an equal voice on the legal team -- advocating for strategies, "keeping the pressure on," and even at times "holding hands."

#### 2:15 PM

THE SUICIDAL CLIENT:
CLINICAL AND EMOTIONAL
MANAGEMENT RM CO6

Talk held by: Sue Matorin, MS ACSW, Senior Lecturer of SW, Department of Psychiatry at Weill Cornell

Medicine

Clients at suicidal risk present in all settings across the life cycle, and pose a serious public health concern. This workshop will familiarize social work students with au courrant efforts to amplify our competence to assess for risk, using a biopsychosocial frame and screening tools such as the Columbia Suicide Severity Rating Scale. Our skills must include management of our own discomfort and anxiety about risk. The leader will provide clinical vignettes and invite participation.

#### 2:15 PM

# INTRODUCTION TO SOLIDARITY AND COOPERATIVE ECONOMIES

RM 302

Talk held by: Jessica Phippen, Intern at New Community Collaborative

This is a workshop intended to introduce participants to the concept of solidarity and cooperative economies so no prior knowledge is necessary. Participants will learn about several cooperative economy models that honour Black and Indigenous histories and cooperative practices (the Jackson Cooperative in Jackson, Mississippi and time banking as a community organizing tool) through discussion and short exercises. Participants will also leave with resources on local cooperatives.

#### 2:15 PM

### VIBRANT AGING AND THE POWER OF CONNECTION

RM 304

Talk held by:

Sherry Saturno, LCSW, DCSW, LNHA, Executive Director of Gramatan Village and Thomasenia Myers

This workshop will examine how we can combat social withdrawal and promote a greater sense of purpose among elders by recognizing the bonds of relationships and social support systems. We will explore interventions including counseling, volunteerism, lifelong learning, interests, intergenerational mentoring, and social supports. We will identify barriers to social engagement that lead to isolation, and we will investigate what elders feel connected to. We will discuss how to foster a sense of purpose.

#### 2:15 PM

SIX WORDS OF TRAUMA AND PHOTOGRAPHY RM 305

Talk held by:

Jennifer Meyer, MSW, MPH

We will explore photographs that address traumatic experiences. A series of photos related to personal traumas will be displayed. Six words about the experience accompany each photo. We will discuss how photography and six words can start earnest dialogs within and among communities. Participants are encouraged to bring or take a photo personal to their story and write six words.

Photos/six words developed in session are offered a feature on the Six Word Blog.

#### 2:15 PM

EMBRACE THE DIVERSITY PHOTO EXHIBITION 2019

RM 404

Talk held by:

David Ting-Xu Cheng

This is a dynamic program where we will explore the meaning of diversity again. Through the submission of photos from peers alike, we hope to create an exhibition that celebrates unfamiliarity and differences. The exhibition will invite photographers to elaborate on their photos and the stories that may lie behind them. It is our hope to create a space where thoughts of cultural awareness, race, spirituality, gender, and tradition informs our practice as social workers.

2:15 PM

"MY TRAIN!" WORKING WITH CHILDREN 0-3 YEARS OLD IN THE NYS EARLY INTERVENTION PROGRAM RM 406

Talk held by: Inna Andreva-Miller, MD, LMSW

The purpose of a 60-min interactive workshop for 20-60 participants is to describe the field of Early Intervention, Special Instructions (SI) for cognitive and social-emotional development of children diagnosed according to ICD-10 with autism, and children diagnosed with receptive, and expressive speech disorders. During the workshop, participants will learn through a variety of visual materials and interactive exercises how to use five types of reinforcers in their work with children.

2:15 PM

USING DATA TO HELP SOLVE STREET HOMELESSNESS IN NYC RM 301

Talk held by: Amie Pospisil

Breaking Ground was established in 1990 as a not-for-profit corporation, to help homeless New Yorkers to overcome housing instability. Today, Breaking Ground has grown to become one of the largest owners and operators of supportive housing in the United States, and the largest in New York State, placing emphasis on serving persons who are chronically homeless.

3:25 PM -4:05 PM

PROCESS THIS! PERFORMANCE

3:25 PM | Rm 311 & 312 Process This! Performance

Facilitated by SWAG

